

Contents

Introduction	1
1 Group work in legislation	5
2 Research on group work	8
3 Why do group work?	13
4 Issues to consider before setting up a group	20
5 Creating a solid group framework	27
6 Establishing the group	33
7 Involving and including children and young people	39
8 Promoting positive behaviour	43
9 Balancing safety and opportunity	49
10 Sustaining the group	54
11 Key messages	59
Appendix: Group case studies	62
AdCAMHS – East Sussex County Council/Sussex Partnership NHS Foundation Trust	62
Faith in Families	64
West London Adoption & Permanence Consortium children’s group (for BME children)	67
TalkAdoption North East	69
The Adoptables, Coram	71
References	75
